



BREAKFAST MENU

Ciabatta toast, whipped butter & strawberry jam (v) (gfo)	7
Buttermilk pancakes, fresh berries, almond granola, chantilly cream, maple syrup (v)	19
Eggs your way, poached, scrambled or fried, grilled ciabatta & whipped butter (v) (gfo)	14
Charred corn & tomato bruschetta, whipped feta, poached eggs, rocket, avocado (v) (gfo)	20
Smoked potato hash, jalapeno & cheese beef sausage, bacon, poached eggs, chimichurri field mushrooms, ciabatta toast (gfo)	24
Smoked salmon & baby caper spanish tortilla (flat omelette), grilled asparagus, herbed feta, rocket (gfo)	24
Poke bowl, soba noodles, roast broccoli, avocado, activated nuts, sesame tahini dressing, poached egg (vg) (gfo)	19

EXTRAS

Avocado **5** | Feta **4** | Bacon **5** | Salmon **6** |
Jalapeno Beef Sausage **7** | Hash Brown **3** | Grilled
Mushroom **5**



DRINKS MENU

COFFEE, TEA, HOT CHOCOLATE, CHAI

Cup **4.5** | Mug **5** | Extra Shot **0.5**

Flavoured Syrups (Vanilla, Hazelnut, Caramel) **0.5**

Alternative Milk Options (Lactose Free, Almond, Soy, Oat) **0.5**

Add On (Chia, Whey, Pea Protein Powder) **0.5** | Baby Cino **2.0**

LEAF TEA BY 5SENSES

Single Pot – Green, Chamomile, Peppermint,

English Breakfast or Earl Grey **4.5**

Pressed Juices

Orange or apple

8

Strawberry Fields - strawberry, red apple, pineapple

Alphabet - pink lady apple, beetroot, carrot, lemon,

ginger

8.5

Ginger Zing - green apple, ginger, mixed greens,

zucchini, lemon, spirulina

8.5

Iced Drinks

Iced Chocolate with ice cream & cream

8

Iced Coffee with ice cream & cream

Smoothies

Chunky Monkey - banana, dates, peanut butter, milk

Island Breeze - pineapple, strawberries, lime juice,

coconut water

8

Berry Hydrating - berries, spinach, banana, apple

juice

Banana Berry Blast - banana, berries, yoghurt, milk

Milkshakes - Strawberry, Chocolate, Banana,

Caramel, Spearmint, Vanilla

8

Breakfast Tipples

House Bloody Mary

12

Bellini - white peach puree, peach liqueur, prosecco

15

Lotus Morning Spritz - elderflower liqueur, soda,

prosecco, mint

15

Dal Zotto 'Pucino' Prosecco *Glera*, VIC

11 | 44

Stonegate Sparkling *Chardonnay-Pinot Noir*, SA

9 | 38